Puma VCT VII plc

27 February 2015

Puma VCT VII plc ("the Company")

As at the close of business on 31 January 2015, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 78.53p. This represents an increase of 0.2 per cent on the NAV per share at 31 December 2014. The estimated fully diluted NAV per share was 78.53p. Cumulative dividends paid to date were 15.00p.