

Puma VCT VII plc  
31 July 2014

Puma VCT VII plc ("the Company")

As at the close of business on 30 June 2014, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 77.31p. This represents an increase of 0.1 per cent on the NAV per share at 31 May 2014. The estimated fully diluted NAV per share was 77.31p. Cumulative dividends paid to date were 15.00p.