

Puma VCT VII plc
20 December 2013

Puma VCT VII plc ("the Company")

As at the close of business on 30 November 2013, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 81.93p. There has been no movement from the NAV at 31 October 2013. The estimated fully diluted NAV per share was 81.93p. Cumulative dividends paid to date were 10.00p.